



As a group, center in the
astral nature and the heart.

Reflect on soul-personality
alignment, use your
creative imagination.

Feel the longing of
personality for the soul.



As a group, focus
mentally in the ajna
center. Visualize the
relationship of solar
plexus, heart, and head



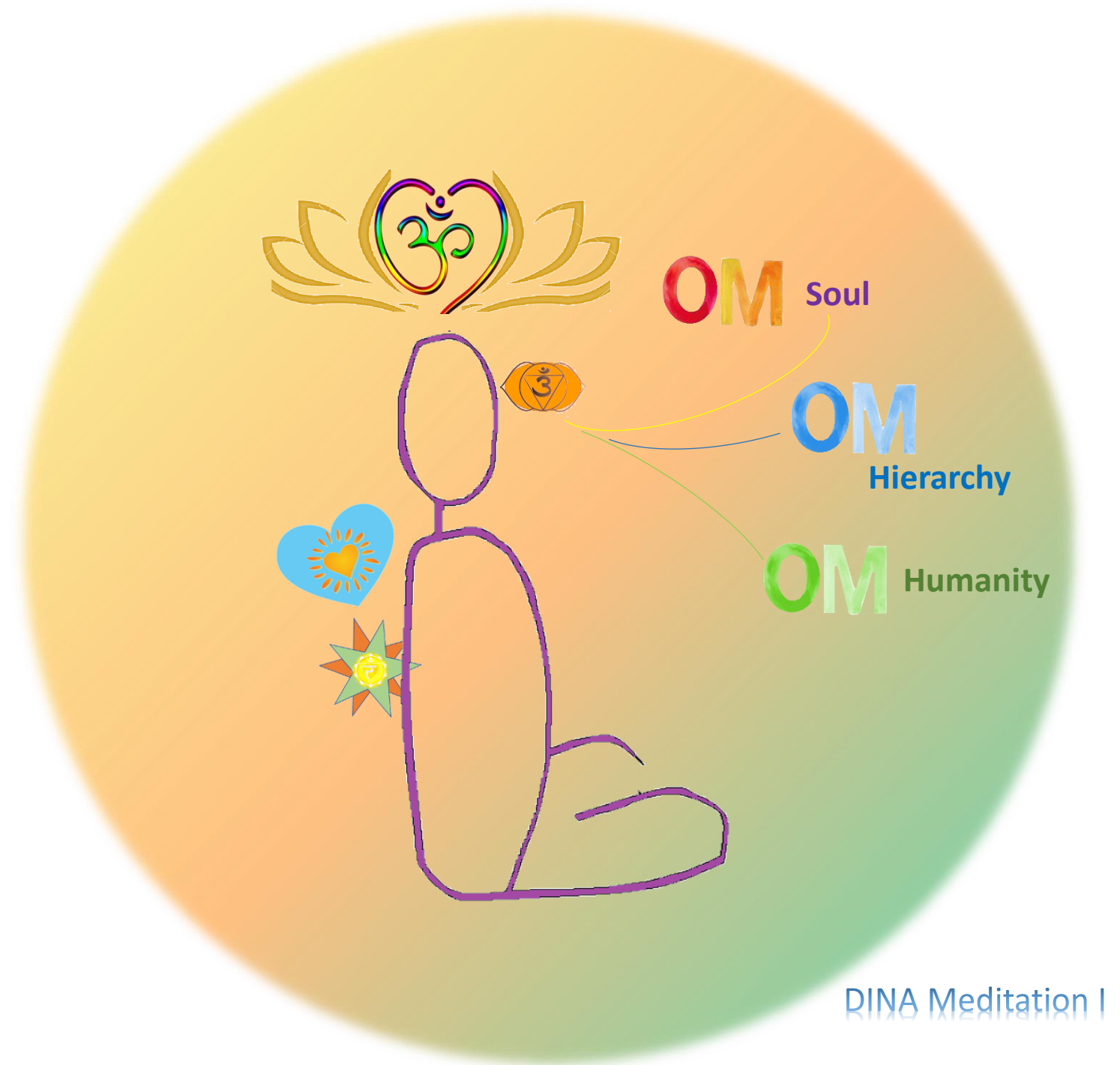
As a group,
concentrate
aspiration and
thought in the heart



As a group, visualize the withdrawal of the heart's aspiration, life, and devotion. See it centered above the head and focus on it there.



As a group, with focus held steadily in the crown, sound the OM 3 times, breathing out towards the 3 transpersonal centers: soul, hierarchy, and humanity, creating a definite and linked triangle of force.



As a group, with heartfelt intent, say the **Mantram of Unification**

The sons of men are one and
I am one with them.

I seek to love, not hate; I seek to serve and
not exact due service; I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the soul control the outer form and life and
all events, and bring to light the love which
underlies the happenings of the time.

*Let vision come and insight. Let the future
stand revealed.*

*Let inner union demonstrate and outer
cleavages be gone.*

Let love prevail. Let all men love.



Focus your consciousness
in the head, summon the
will to your aid.

Prepare to carry the energy
focused in the head to the
solar plexus.



I am the Soul . . .
And also Love I am.

Above all else, I am
both will and fixed
design.

Make rightful demand.

Maintain focus in the
head.



My will is now to lift
the lower self into
the Light Divine.

This Light I am.

Descend with your
consciousness as Soul,
moving this energy down
to the solar plexus.

As it arrives, feel and
visualize the merging of
Soul energy into the
solar plexus.



Therefore, I must
descend to where
the lower self awaits
my coming.

That which desires
to lift and that
which cries aloud
for lifting are now at
One.

Such is my will.

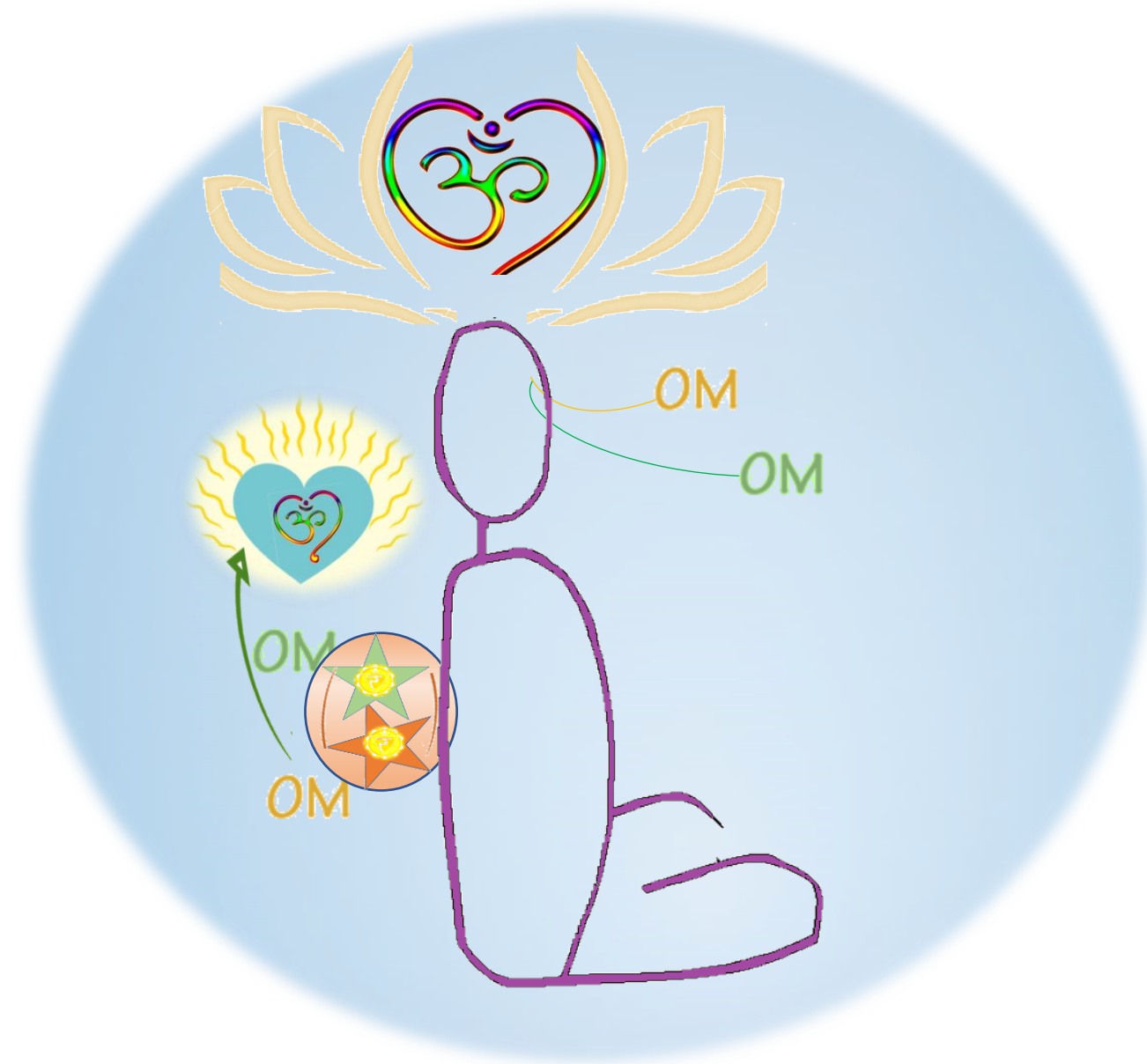
Pause for slow
concentration, feeling and
sensing the initiatory
vibration or embryonic
interplay that is being
established between the
lower awakened point and
the upper awakening point
in the solar plexus.



As the Soul, on the breath of Will and Love, sound the OM twice from the head center.

Know the Soul is stimulating the solar plexus.

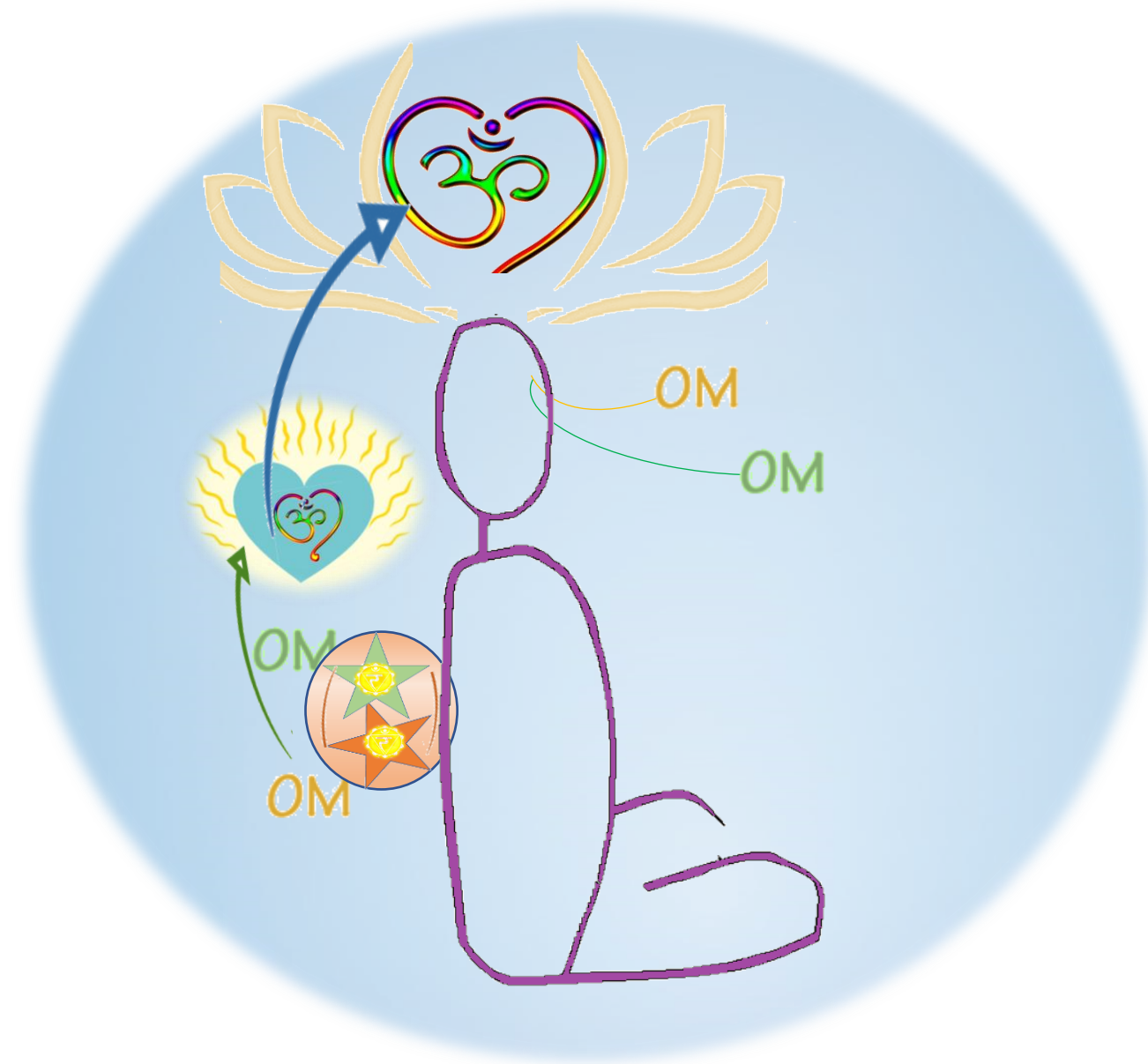
Feel and observe the lower energies being purified and lifted from the awakened point, through to the upper awakening point, and eventually to the heart center.



Visualize the energies of the solar plexus being carried up the spine to the heart

Sound the OM a 3rd time, from Soul to the solar plexus

Then draw the focused energy up the spine to the head



Focus in the heart.

Imagine a triangle is formed between the head, heart, and solar plexus in the color of your Soul Ray.



Say the Mantram of Unification again

The sons of men are one and
I am one with them.

I seek to love, not hate; I seek to serve and
not exact due service; I seek to heal, not hurt.

Let pain bring due reward of light and love.

Let the soul control the outer form and life and
all events, and bring to light the love which
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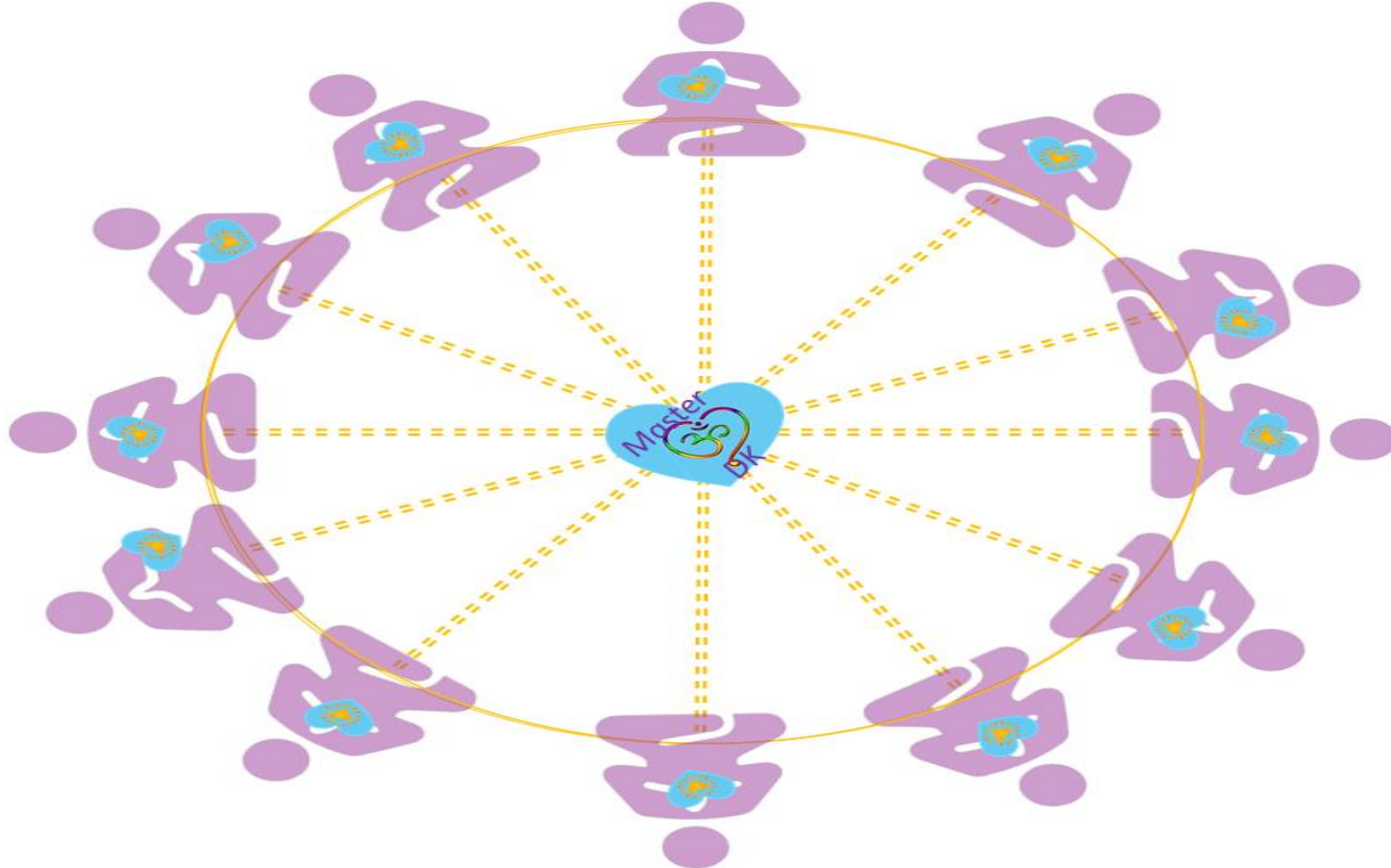
*Let vision come and insight. Let the future
stand revealed.*

*Let inner union demonstrate and outer
cleavages be gone.*

Let love prevail. Let all men love.



Imaginatively stand in the heart and visualize the group as a wheel of light with as many spokes as members.



Then slowly, with love, mention aloud each name. Then see the wheel moving, scintillating and serving through the radiation of love.



Oh Thou, Who givest sustenance to the universe,
from Whom all things proceed, to Whom all things return.
Unveil to me the face of the true spiritual Sun,
hidden by a disc of golden light.
That I may know the truth and do my whole duty
as I journey to Thy sacred feet. **OM**

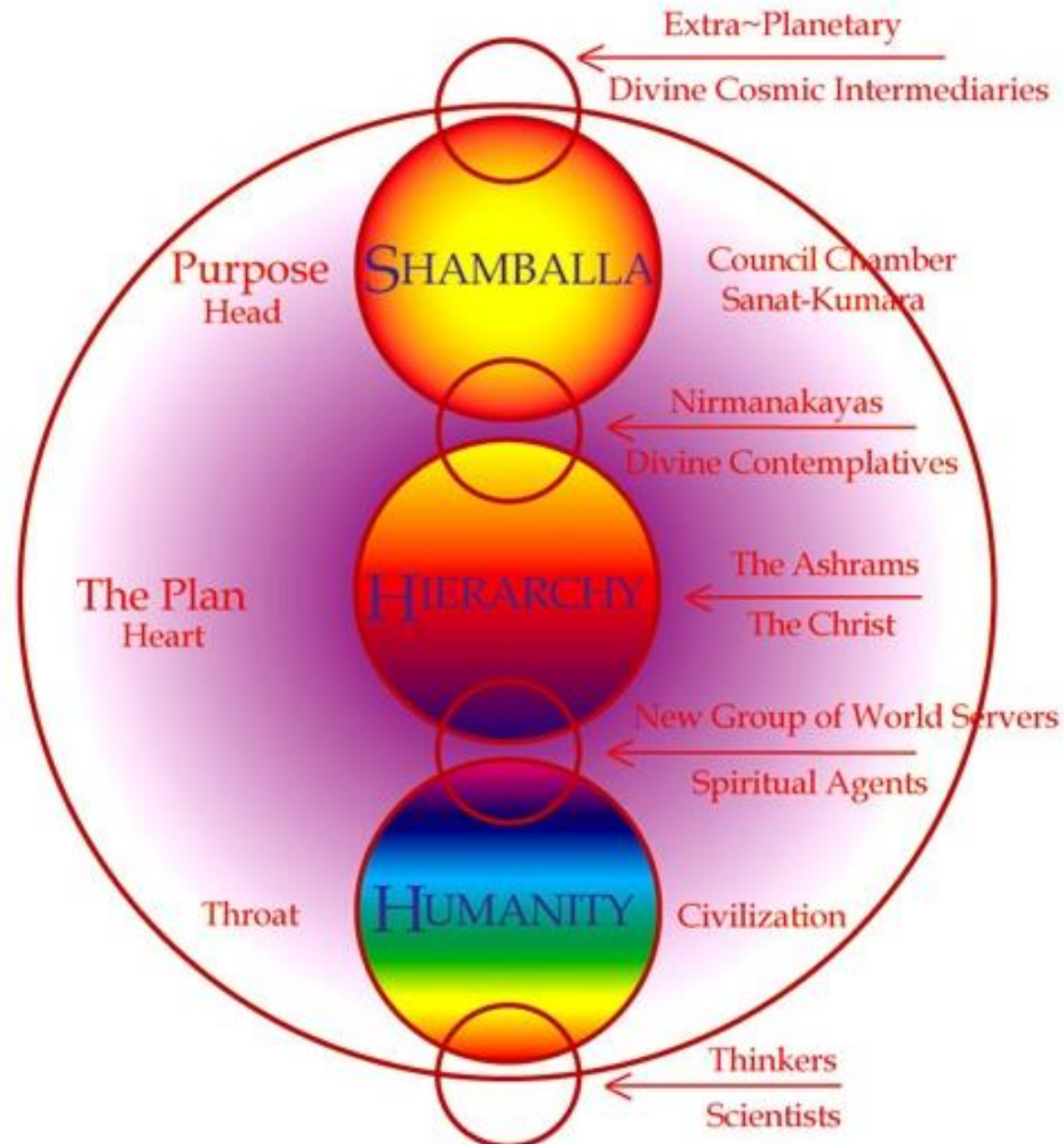




From the point of Light within the Mind of God . . .



From the point of Love within the Heart of God . . .



From the Center where the Will of God is known . . .



From the Center which we call the race of men...



Let Light, Love and Power restore the Plan on Earth.